

# connecting tempe

DECEMBER 9, 2011

THROUGH  
PEOPLE,  
PARKS &  
PROGRAMS



Amid this season's family gatherings, shopping, company parties and travelling, take some time to explore the brand new [Winter 2012 Tempe Opportunities brochure](#) and sign up for Tempe's recreational and cultural classes. Registration is already underway for Tempe residents, and non-residents can start registering this Monday, Dec. 12.

Not only are Tempe's classes taught by quality instructors, they are also convenient and easy on the wallet - helping you make the most of the winter months. Here is a snapshot of some of our most exciting new and continuing classes for all ages.

## For TOTS

### [Let's Move Like Animals\\*](#)

In this class, children will come face to face with a tiger, look into the eyes of a giraffe, do a monkey dance and walk like a flamingo! Let's Move Like Animals is a new course that teaches little ones the basics of yoga through simple animal poses, giving them the chance to increase their flexibility while also building social skills with classmates.

**\*We offer yoga classes for children of all ages! Check out [Yoga: Parent and Baby](#) on page 10 of the Tempe Opportunities brochure and [Young Yogis](#) on page 17.**



### [Mini-Chef Cooking Series\\*](#)

Do you have a budding Julia Child or Wolfgang Puck at home? If so, sign him or her up for the Mini-Chef Cooking Series, a group of courses that will take your child on a journey through the kitchen while listening to a story. Each session will begin with a favorite children's book, which then becomes the inspiration for the recipes your mini-chef will learn to make that day. Recipes include apple pie, blueberry crumble pie, bread, fruit salad, pasta, pumpkin ravioli and mashed sweet potatoes.

**\*Cooking classes are also available for children up to age 12. See page 17 for a listing of [I Can Cook](#) classes for older children.**

## For YOUTH

### [Rangolee Art\\*](#)

If your child is looking to get creative while also learning about a new culture, Rangolee Art is just the ticket. Rangolee is the ancient folk-art practice of floor decoration from southern India that traditionally involves white or colored sand powder. Intricate decorations are made in celebration of special occasions, and the designs are based upon dot matrices and categorized as mathematical art. In this class, participants will use a variety of items to explore and create designs inspired by this beautiful art form.

**\*Learn all about Rangolee Art at 10 a.m. on Saturday, Dec. 17, at the [Edna Vihe Center for the Arts](#). This free workshop will introduce participants to the five-step process used to create Rangolee designs.**



### [STEM Club Grown-Up & Me Classes](#)

Youth and their grown-up of choice are invited to explore the fun world of STEM (Science, Technology, Engineering and Math) Club! STEM Club classes, taught by the Arizona Science Center, are a great way for youth to learn about science-related topics with an adult. Topics for STEM Club include bridge design, musical science, sea exploration and more.

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### Youth Hoops Winter League (Grades 4-8)

The popular Youth Hoops program will soon begin its Winter League for youth in fourth through eighth grades. Kids will take their basketball skills to the next level in a fun and competitive environment, complete with officials and electronic scoreboards. Boys and girls in fourth and fifth grades play together, while teams are separated by gender for sixth through eighth grades. Parents are invited to coach and volunteers are also needed!

**\*Get a taste of the Youth Hoops program at the free Youth Hoops Preview day on Saturday, Jan. 7. See page 20 for details.**

### **For TEENS**

#### Beginning Crochet

Get “hooked” on crochet! This class for teens 14 and older will teach the four basic crochet stitches, gauge/hook size, how to read yarn labels, tension and how to read a pattern. Students will crochet a multi-textured scarf to show off or give as a gift.



#### Pre-Season Junior Learn to Row\*

This nine-day session will give athletes ages 12-18 a chance to learn the basics of rowing before they join the Junior Rowing Team. Classes will be held on weekday afternoons over the span of two weeks – just enough time for teens to find out if rowing is for them. All participants must complete a 10-minute float test and watch a U.S. Rowing Safety Video.

**\*For adult boating opportunities, turn to page 35 to find rowing, kayaking and paddle boarding classes.**

### Babysitting Class Plus CPR\*

For teens hoping to become the best babysitter on the block, this two-day course is a must! Participants will come away with the knowledge, skills and confidence needed to care for infants and school-aged children. They will learn how to respond to emergencies and illness with First Aid, Rescue-Breathing and other appropriate care, and will also become babysitting and child/infant CPR-certified. Certification is through the American Safety and Health Institute (ASHI).

**\*Adult CPR, First Aid and Heartsaver classes are listed on page 43.**

### **For ADULTS**



#### StepTonic\*

Love step? Hate step? Never done it before? It doesn't matter! StepTonic is a new way to use the step. Whether you're a fit fanatic or just entering the workout world, we're sure you'll enjoy this empowering fitness method that mixes strength training, power intervals, step dance and bold, electrifying music to make you sweat like never before. Participants will also prepare for a finale performance. Pay for the entire session up-front or pay as you go for \$5 per class.

**\*A complete listing of Pay as You Go fitness classes is available on page 42.**

#### Website Design I (Wordpress)\*

Learn the skills you need to break into the world of website development. Taught by a professional from Think Tank Solutions, this course will show you how to utilize Wordpress to begin customizing a website to best suit your needs. Discover how to edit your page from anywhere in the world, share your thoughts and photos or start a log. Wordpress software can be accessed and downloaded for free on your home computer.

**\*Find a technology class that's right for you on pages 38-39. Class topics range from computer repair to digital photography to website design.**

### Creative Writing Studio

Attention writers! Refine your writing skills in our Creative Writing Studio. Whether you have written on your own or have taken our introductory class, this class is designed to help you acquire the tools and confidence you need to continue your craft. Participants will learn how to give and receive constructive criticism and will complete a short story or essay during class time.

### **For ADULTS 50+** Photography for 50+

Take the mystery out of your digital camera and replace it with knowledge of how to capture anything from travel adventures to cute grandchild moments. This class, instructed by a photographer whose work has been collected in over 70 countries, concentrates on light technique and composition and clarifies the terms “shutter speed” and “f stop” as they apply to digital cameras. A “fancy camera” is not necessary!



#### QiYoga

In this combination of Qigong and Yoga, participants ages 50 and older will learn basic self-Acupressure and breathing techniques while increasing flexibility and strength with simple stretching exercises.

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## Ready to register? Here's how:

1. Online at <https://pkreconline.tempe.gov/InternetRegistration/Start/Start.asp>
2. In person at the Recreation Administration Office, Edna Vihel Center for the Arts, Pyle Adult Recreation Center, Kiwanis Recreation Center, Escalante Community Center or North Tempe Multi-Generational Center.

3. Fax in a registration form with credit card number to 480-350-5058.
4. Mail your registration to:  
Class Registration, 3500 S. Rural Road, Tempe, AZ, 85282.

In addition to viewing the brochure [online](#) you can also pick up a copy at City of Tempe facilities and Tempe Fry's Food Stores. Visit [www.frysfood.com](http://www.frysfood.com) for a location near you.

## Community Services Scholarship Program

Tempe's Community Services Scholarship Program encourages Tempe and Guadalupe residents ages 0-17 and youth enrolled in a Tempe public school to stay active by offering discounted course fees to those who cannot afford regular rates. Call 480-350-5200 for details.

# DISCOVER TEMPE'S NEW SPORTS PROGRAM FOR TODDLERS DURING FREE TRIAL CLASSES

City of Tempe [Youth Sports](#) is excited to announce its newest program: [Little All Stars!](#) These fun and interactive classes have been designed by a child development specialist to help toddlers and children ages 16 months to five years develop gross motor, balance, concentration and social skills through exposure to baseball, basketball, football, golf, hockey, soccer, tennis and volleyball. Weekly classes feature creative games, obstacle courses and sport drills that help your child develop the foundational skills of every successful athlete.

## Free Trial Classes

If you and your little one want to get a feel for Little All Stars before committing to a full class session, be sure to register for these upcoming free trial classes:

### Tiny Star Sport: 16 months to 2 years

Designed for toddlers to enjoy with a parent, this high-energy combination sports program will help develop gross motor skills, balance and self-confidence in fun and creative ways. Held on Saturday, Dec. 10 and 17, from 10 to 10:45 a.m. at the [Tempe History Museum](#). [Register](#) with code 28722.

### Little Star Sport: 3-5 years

Designed for children to participate independently. Little Stars will learn new skills and improve coordination and balance while interacting with others. Held on Saturday, Dec. 10 and 17, from 11 to 11:50 a.m. at the Tempe History Museum. [Register](#) with code 28724.

### Little Star Football: 3-5 years

Little Stars will learn the basic skills

involved in football, including throwing, kicking, catching and more. The class will help improve your Little Star's rhythm, coordination and balance. Held on Saturday, Dec. 10 and 17, from noon to 12:50 p.m. at the Tempe History Museum. [Register](#) with code 28726.

To see the Little All Stars course lineup for Winter 2012, see pages 12-13 in the [Tempe Opportunities brochure](#). Contact program coordinator Julie Reeves at 480-350-5207 or [julie\\_reeves@tempe.gov](mailto:julie_reeves@tempe.gov) for more details.



# WHAT'S YOUR OPINION? LET US KNOW ON ANNUAL SATISFACTION SURVEY

Tempe residents, here's your chance to weigh in on the quality of Tempe's classes, parks, events and much more! Between now and Dec. 31, visit [www.tempe2011survey.org](http://www.tempe2011survey.org) to take a brief survey regarding a variety of city services, facilities and issues. Online responses will be joined with responses from paper surveys mailed to 2,400 randomly selected residents and will be compiled by ETC Institute of Olathe, Kansas. ETC Institute will present the

results of the survey to Mayor and City Council next year to help prioritize and allocate resources for fiscal year 2012-13 budgets.

Online survey responses are limited to residents 18 and older. One response is allowed per household and all survey responses are kept confidential. Questions? Contact Shelley Hearn at 480-350-8906.

# GRACE COMMUNITY CHRISTIAN SCHOOL STUDENTS SPRUCE UP TEMPE

Helping hands don't have to be big.

Students from [Grace Community Christian School](#) recently proved this point when they participated in four separate cleanup projects in as many months for the City of Tempe. In total, 114 children in third, fourth, sixth and eighth grades – along with their teachers and parents – spent more than eight hours combined improving the appearance of the city's parks and public places.

The third graders painted gates near [Tempe Town Lake](#) and re-established the rock path at [LoPiano Habitat](#); fourth graders beautified [Evelyn Hallman Park](#) by collecting garbage, pulling out old brush and picking up dead plants; sixth graders picked both ripe and rotten pomegranates, raked



leaves and brush, pulled weeds and overgrown grass, cleaned mud and grub out of a canal, and swept and raked rocks at the [Elias-Rodriguez House](#); and the eighth grade students cleaned up the [Indian Bend Wash Habitat](#) area by digging up unwanted weeds and plants, raking granite and collecting garbage and dead brush.

According to Jenna Huitink, Grace Community Christian School's coordinator for these cleanup efforts, the relationship with the City of Tempe began after the school implemented "Grace Gives," a community service outreach program that aims to get students of all ages out serving the community, country and world in some way.

"The students have all enjoyed themselves during the cleanup projects," said Huitink. "It's neat to see the

students realize that there is more to the world than themselves. Many times, the students' reactions at the end of the projects were, 'We don't want to go! Can we stay all day? When do we get to come back?'"

The students aren't the only ones who are glad they participated in the cleanup projects! The City of Tempe is also thankful for the students' enthusiasm, generosity and hard work, and for their help in improving the quality and appearance of our community.

Want to follow the lead of Grace Community Christian School and donate your time to improving Tempe? Visit [www.tempe.gov/adopt](http://www.tempe.gov/adopt) to learn about Tempe's Adopt-A-Street, Adopt-A-Park and Adopt-A-Path programs, or contact parks volunteer coordinator Edith Ross at 480-350-2952 or [edith\\_ross@tempe.gov](mailto:edith_ross@tempe.gov) for information about one-time projects.

## AGUILAR ELEMENTARY, CHANCES FOR CHILDREN ARIZONA AND THE CITY OF TEMPE OFFER UNIQUE ACADEMIES TO KEEP KIDS ACTIVE



When the afternoon bell rings at [Aguilar Elementary School](#), more than 75 students make their way to [Kiwaniis Recreation Center](#) each week to pick up a ball and racquet, dive into the pool, experience karate or learn fitness for life in the [Kiwaniis Fitness Center](#) – all free of charge.

These opportunities, known as the Aguilar Elementary After-School Fitness/Health Academies, are made possible through a partnership between Tempe Elementary School District, Aguilar Elementary School, the City of Tempe and [Chances for Children Arizona](#).

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The academies got their start during the 2009-10 school year when Aguilar began an educational reorganization process in an effort to create opportunities for students and their families in the areas of health, fitness and leisure education. The result of this reorganization was a new collaboration with the City of Tempe and Chances for Children Arizona that would provide the support and resources necessary to establish the academies and encourage children to exercise their minds and bodies outside of the classroom.

Since the creation of the Aguilar Elementary After-School Fitness/Health Academies, hundreds of Aguilar

students in kindergarten through fifth grade have discovered the benefits of adding sports and play to their daily routines. In addition, all Aguilar students also participate in Chances for Children Arizona's free [Team Fit Kids](#) running program that gets children moving, teaches basic nutrition education and prepares participants for a variety of races.

The after-school academies and Team Fit Kids are funded through the efforts of Chances for Children Arizona. Community members can [donate](#) to Chances for Children Arizona to ensure long-term sustainability of these and other programs that provide local

low-income children with recreation services and scholarships, nutrition and health education and character building opportunities. Chances for Children Arizona is also currently seeking tennis players to help mentor students in the tennis academy. To donate funds or time, contact Janell Bolen at [janell@chancesforchildrenaz.com](mailto:janell@chancesforchildrenaz.com).



To receive up-to-date information about exciting events and opportunities happening between Connecting Tempe newsletters, become a fan of Tempe Recreation on [Facebook](#).

## SAVE THE DATE

- |                              |  |                                  |  |
|------------------------------|--|----------------------------------|--|
| <b>Fri, Dec. 9</b>           | <a href="#">Family Fun Factory</a><br><a href="#">Vihel Center for the Arts</a><br>6:30-9 p.m.; Free                                     | <b>Fri, Dec. 23</b>              | <b>Phoenix Boys Choir Christmas Tour</b><br><a href="#">Tempe Center for the Arts</a><br>7:30 p.m.; \$35 tickets                 |
| <b>Fri, Dec. 9</b>           | <a href="#">The Nutcracker</a><br><a href="#">Tempe History Museum</a><br>7 p.m.; Free   | <b>Mon-Wed,<br/>Dec. 26-28</b>   | <b>Swimming with Santa</b><br>Kiwanis Recreation Center Wave Pool<br>1-3 p.m.; Pool open until 5 p.m.<br><a href="#">Pricing</a> |
| <b>Sat, Dec. 10 &amp; 17</b> | <a href="#">Little All Stars Trial Classes</a><br><a href="#">Tempe History Museum</a><br>10 a.m. to 1 p.m.; Various start times<br>Free | <b>Thurs-Fri,<br/>Dec. 29-30</b> | <b>Holiday Waves</b><br>Kiwanis Recreation Center Wave Pool<br>1-5 p.m.<br><a href="#">Pricing</a>                               |
| <b>Sat, Dec. 10</b>          | <a href="#">Fantasy of Lights Boat Parade</a><br><a href="#">Tempe Beach Park</a><br>6 p.m. Santa arrives; 7 p.m. parade begins<br>Free  | <b>Sat, Dec. 31</b>              | <b>Fiesta Bowl Block Party</b><br>Mill Avenue<br>5 p.m.-12:30 a.m.<br><a href="#">Details</a>                                    |
| <b>Mon, Dec. 12</b>          | <b>Winter 2012 Registration Begins for Non-Tempe Residents</b>   |                                  |  |